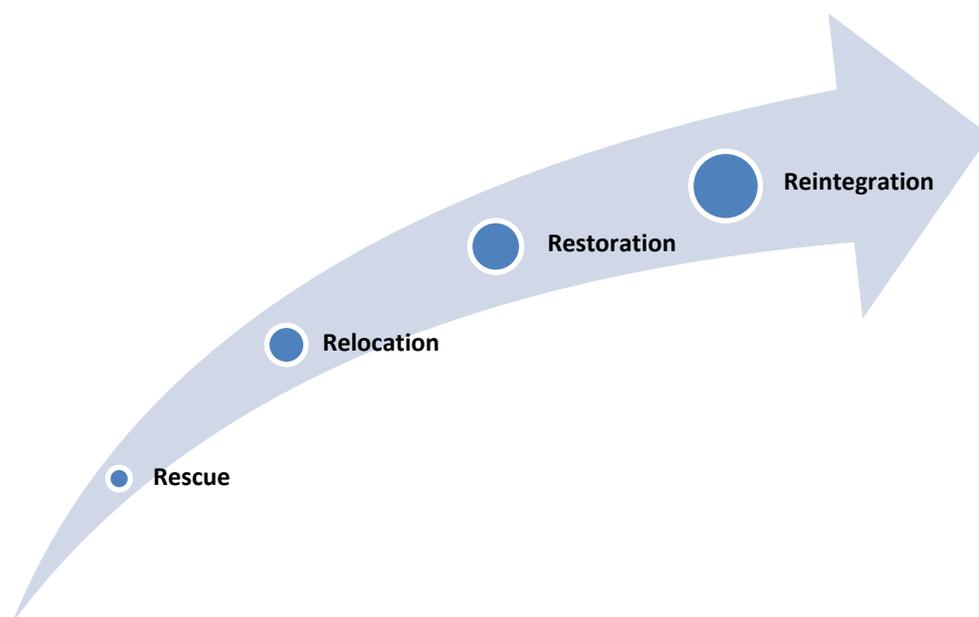




New Horizons' Program Overview



Our Mission:

New Horizons' mission is to provide holistic restoration for young women who have been rescued from the international sex-trade and allow them to re-enter mainstream society with dignity and hope.

Our Strategy:

New Horizons' has established a residential aftercare facility in the Indian state of Andhra Pradesh to provide comprehensive restorative and rehabilitative services for girls aged 12-18 who have been rescued from the international sex-trade. The facility, located near the village of Podu, provides trauma counseling, medical care, education and vocational training through our controlled affiliate, AshaYndya, Inc. (AYI). The home will serve as a prototype for future facilities/programs that may be established in other areas of India and/or other countries with jurisdictional and culturally sensitive modifications incorporated as needed.

Rationale for our Target Area:

India currently ranks among the leader nations in human trafficking: it is estimated that up to 200,000 persons are trafficked in India annually. According to the Times of India (3/15/18), 26% of all sex workers in India are sourced from Andhra Pradesh. AYI has the local resources and experience to successfully administer the home and implement the program.

Process Mapping

- A. A girl is abducted or bought from a village in India or a neighboring country and is transported to a place of prostitution (typically a larger city such as Mumbai, Chennai or Kolkata). The victim goes through a breaking process where she is repeatedly raped and may also be starved, drugged, tortured or threatened in order to break her psychologically and gain compliance for providing sex acts to customers.
- B. An undercover team conduct surveillance and initial contact with the victim and confirm need for rescue for a victim who is underage or being held against her will.
- C. The undercover team collects evidence (primarily covert video evidence) that the girl is an actual victim in need of rescue and arranges a raid or "sting" operation with police authorities.
- D. Police authority partners with the NGO to implement the rescue and transports victim(s) to a government holding facility for processing and initiates prosecution of perpetrators.
- E. After being processed through the government holding facility the victim will either be placed in a government-recognized and approved after-care facility, repatriated to her family or country of origin (if deemed to be safe) or, in some cases, simply released on the street.
- F. AYI (operating via working agreements with various rescue organizations and registered as a qualified facility with local authorities) accepts girls ages 12-18 as beneficiaries into New Horizons House. The Ministry of Women and Child Development Integrated Child Protection Scheme (ICPS) and Child Welfare Committee (CWC) arranges for AYI to become the legal guardian of the girls being transferred to the New Horizons' facility.
- G. Upon arrival, each beneficiary undergoes an intake process including but not necessarily limited to:
 - a. Physical Health Exam & Vaccinations
 - b. Psychological assessment and intake form completion
 - c. Explanation of program goals, treatment and procedures for the beneficiary
 - d. Explanation of behavioral expectations and disciplinary measures / "House Rules"
 - i. Be kind and respectful.
 - ii. Treat others as you would like to be treated.
 - iii. No hitting.
 - iv. Do not call each other names, use bad language or say unkind things.
 - v. Do assigned chores each week.
 - vi. Treat everyone equally.
 - vii. Obey staff members, house mothers, administrators and counselors.

- viii. Attend school/vocational training as scheduled.
- ix. Attend counseling sessions at the designated time.
- x. No stealing.
- xi. No use of alcohol, drugs or gutkha.
- xii. Keep yourself and the home clean and tidy.
- xiii. Do not exceed scheduled computer or TV time. Instead, you will be encouraged to actively engage in hobbies, sports, music, crafts and/or other healthy activities on a daily basis.
- xiv. Respect the house furniture and equipment.
- xv. No visitors allowed without approval by House staff
- xvi. Do not communicate from gate or window with anyone outside the walls.
- xvii. Failure to comply with house rules may result in disciplinary measures including temporary withdrawal of privileges, "time out" and/or extra chores. Repeated acts of violence may result in relocation to a police facility and expulsion from the program.
- e. Explanation of security measures for safety of beneficiaries and staff
- f. General orientation to the "house" and program
- g. Rights and Responsibilities of Beneficiaries:
 - i. All residents at AYI have rights and responsibilities.
 - ii. You have the right to be loved and respected for who you are and not discriminated against in any way. Similarly, it is your responsibility to love and accept other beneficiaries and not discriminate against or disrespect them. Discrimination is defined as prejudices based on skin color, race, religion or caste.
 - iii. You have the right to a safe and clean place to live. It is your responsibility to keep the house clean and safe for everyone by completing your assigned chores and keeping your personal and common areas clean. If there is something unsafe in the house, report it to a staff member immediately.
 - iv. You have the right to protection from physical and emotional harm, abuse and harassment. It is your responsibility to not physically or emotionally harm, abuse or harass another resident or staff member. It is your responsibility to help ensure that the house is safe by not giving out the address to anyone nor inviting anyone to enter the house or grounds. Corporal punishment will not be exercised as an option by staff.
 - v. You have the right to have access to nutritious food and clean water.
 - vi. You have the right to quality medical care for your physical and dental needs. You have the responsibility to make the house mother aware of any illness or symptoms of pain.

- vii. You have the right to clean bed and clean clothing that are in good condition. It is your responsibility to ensure that you keep your bedding and clothing reasonably clean.
 - viii. You have the right to good hygiene products such as soap, toothbrush, toothpaste, deodorant, and feminine hygiene products. It is your responsibility to let the house mother know if you need any of these products replaced.
 - ix. You have the right to express your thoughts and feelings in a way that is respectful and does not hurt another resident or staff member's feelings or property. It is your responsibility to find healthy ways of expressing yourself to others.
 - x. You have the right to private space and storage of your personal items. It is your responsibility to ensure that your items are put away properly and that you do not take items that belong to someone else.
 - xi. You have the right to counsel for your emotional needs. It is your responsibility to keep appointments with your counselor and to not interfere with another resident's counseling.
 - xii. You have the right to choose and practice whatever religious beliefs you accept as true as long as they do not harm other people. It is your responsibility not to interfere or belittle another resident's beliefs or religious practices.
- h. Upon arrival at AYI, a new resident is immediately reassured by staff that she is in a safe place with people who care about her.
- H. Beneficiary commences restorative and rehabilitative program. Including but not necessarily limited to:
- a. Individual Trauma Focused -Cognitive Behavioral Therapy (TF-CBT) with a licensed mental health worker (e.g., psychologist, social worker, etc.). Therapy helps enable the girls to learn self-confidence and self-worth and realize that the things that happened in their lives came about through no fault of their own.
 - b. Group therapy with a licensed mental health worker. TF-CBT group sessions help participants understand different kinds of abuse, the rights of a child, self-worth, understanding and controlling emotions, reconciling with their past and recognizing they have a bright future. Participants confront their fears and emotions in a safe, loving environment and learn to change their attitudes toward themselves and others.
 - c. TF-CBT addresses the following:
 - i. Cognitive problems: Maladaptive patterns of thinking about self, others and situations, including distortions or inaccurate thoughts (e.g., self-blame for traumatic events) and unhelpful thoughts (e.g., dwelling on the worst possibilities).

- ii. Relationship problems: Difficulties getting along with peers; poor problem-solving or social skills; hypersensitivity in interpersonal interactions; maladaptive strategies for making friends; impaired interpersonal trust.
- iii. Affective problems: Sadness, anxiety, fear, anger, poor ability to tolerate or regulate negative affective states; inability to self-soothe.
- iv. Family problems: Disruption in family relationships due to familial abuse or violence.
- v. Traumatic behavior problems: Avoidance of trauma reminders; trauma-related, sexualized, aggressive or oppositional behaviors; unsafe behaviors.
- vi. Somatic problems: Sleep difficulties; physiological hyper-arousal and hyper-vigilance toward possible trauma cues; physical tension; somatic symptoms (e.g., headaches, stomach aches).
- d. Recreational therapy (e.g., dance therapy, art therapy, music therapy, etc.). In addition to "talking therapies," non-verbal communication and expression through body awareness, movement and creative expression helps combat the aftermath of abuse in survivors.
- e. Basic educational curriculum conducted by certified teachers
 - i. Beneficiaries will be provided with a formal education in a government-approved school or, in some cases, an informal education with tutors inside the ACF depending on the emotional state of the child.
 - ii. English language will also be taught.
- f. Training in basic life skills (e.g., conflict management/ regulating emotions, basic financial skills, cooking, transportation, women's health & hygiene, nutrition, etc.)
- g. Vocational training (e.g., tailoring, medical assistant, IT, etc.)
- h. Recreation and "free" time including staff-led field trips and outings
- i. Opportunities for spiritual and emotional enhancement
- j. Routine physical wellness exams
- k. Monitoring and support from trained "House mothers"
- l. 24 hour supervision
- m. In some cases, witness preparation will be conducted if a girl will be testifying against her perpetrators in court.
- I. Continuation
 - a. As girls reach the age of majority (usually 18) and progress and show improvement they move to a "Transitional House (TH)."
 - b. The TH has less direct supervision and structure than the after-care facility.
 - c. The purpose of the TH is to provide a safe living environment where the girls can begin to take on more responsibility for their own care and commence greater interaction with the local community. They begin putting their life skills training into practice.
 - d. A House Mother resides with the girls and offers guidance and assistance.
 - e. Continued therapy and medical care is available as needed.

- J. Group Living Home
 - a. As basic competencies are achieved the girls have the opportunity to move into a group living home.
 - b. In Indian society it is difficult at times for girls recovering from sex-slavery to fully integrate into society or find jobs, living accommodations, etc. The group home has minimal supervision and allows the girls to have their own place and small community for mutual support.
 - c. Not all girls would move to the group living home. If a girl has other opportunities available to her, she is free to direct own course.
- K. Success
 - a. Success is defined as the establishment of “normalized” re-entry into society and sufficient mental health to manage independent living with gainful employment or marriage.

Program Components

- A. The After-Care Facility (ACF)
 - a. AYI purchased 2.3 acres of land near the village of Podu in 2016. At build out, the site will include 4 dormitory buildings, a kitchen-administration building and a guard house. Each dormitory has been designed to house up to 48 girls.
 - b. Phase 1 construction of the ACF was completed in May 2018 under the oversight of AYI's Field Administrator.
 - c. The first dormitory building is currently 2 stories with the capacity to add 2 additional floors. The dorm includes a central stairwell, laundry room, 6 bedrooms with adjoining bath rooms and apartments for 2 live-in house mothers.
 - d. The kitchen-administrative building includes a food preparation area, dining hall, administrative offices, conference rooms and reception area.
 - e. Security elements include a walled perimeter, fencing, security gate, 24-hr. manned guard shack at the entrance, security cameras inside and outside, flood lights. Windows in the dormitory building have decorative bars.
 - f. Fund-raising for operating funds is ongoing.
- B. ACF On-Site Staff
 - a. Two house mothers
 - b. Cook & laundry person
 - c. Security guard
 - d. House administrator
 - e. Administrative assistant
- C. ACF Visiting Staff
 - a. Program director/Field Administrator
 - b. School teachers
 - c. Vocational trainers

- d. Therapist/ Social worker
- e. Physician
- f. Driver
- g. Pastor

D. Proposed Visitor Policy

- a. According to Indian law and international protocol, it is illegal to identify victims of sex trafficking, whether by photograph or by name (§228A of the Indian Penal Code and §21 of the Juvenile Justice (Care and Protection) Act, 2006.
- b. Recordings are prohibited while visiting the ACF. This includes but is not limited to video recordings, photography (including mobile devices such as phones, tablets, etc.), and audio recording. All such devices will be checked at the office for the duration of the visit. If appropriate photographs are available and we have the capacity to provide the visitor with these images then we will do so.
- c. Visitor policy to be explained, read and signed by visitor:
 - i. I have not been accused or convicted of any offence involving physical, sexual or psychological abuse or neglect of children.
 - ii. I will ensure that prior written permission from New Horizons has been taken regarding purpose of visit, day, date, time and duration before interacting with beneficiaries.
 - iii. I will interact with beneficiaries only at a time that is convenient to them and which does not disrupt their schedule and is within the working hours of the home.
 - iv. I will be appropriately dressed when visiting the home. I will avoid wearing clothes that are tight or revealing. Men will wear full-length pants (no shorts). Women will wear full-length pants, skirts, dresses or saris and avoid sleeveless and low-cut tops.
 - v. I will be careful in my language and behavior when interacting with the beneficiaries. I will not make promises to them. I will not ask them to share their origin, their past nor ask questions about their families. I will limit my conversation to asking what are their goals, hobbies, interests and encouraging them not to give up on their dreams.
 - vi. I will not initiate any physical contact.
 - vii. I will be accompanied by a member of AYI or a responsible member of the home staff at all times. I will not be alone with a beneficiary at any time during the visit.
 - viii. I understand that I am responsible for my actions even if a beneficiary is behaving or appears to be behaving in a provocative manner.
 - ix. I will not take a beneficiary on any excursion.
 - x. I will not give treats or gifts directly to any beneficiary without permission from a New Horizons staff member. In eastern cultures, it is considered

culturally impolite to give one person a gift without giving gifts to everyone. Doing so could potentially create tension between the residents and may lead to difficulties for staff.

- xi. I will not attempt to record any video image or audio of a beneficiary.
- xii. I will not ask any beneficiary for her contact details, nor will I provide her with mine.
- xiii. I will not be connected to the beneficiary outside of my interactions with New Horizons. This includes connections on social media.

E. Protocol on Faith Systems

- a. AYI accepts girls of all religious faiths and backgrounds without regard to race and ethnicity. We believe that people all faiths and no faith are precious to God and we are called to serve them without discrimination.
- b. While New Horizons is a faith-based Christian organization, we will never require any girl to conform to our faith system or beliefs. Girls who live in AYI are free to practice any faith of their choosing. Our goal is to love them as we believe God calls us to do.
- c. We believe that true healing and freedom is found in Christ and girls will be given the opportunity for Bible study and devotional time. However, no girl will ever be required to study the Bible, pray or actively participate in any overtly Christian activity.

F. Transitional House

- a. Location TBD
- b. House mother
- c. Life skills curriculum
- d. Vocational training
- e. Internships
- f. College Prep
- g. No extraordinary security measures required for this house – only those used in atypical house in the community.
- h. Increased house responsibilities (e.g., grocery shopping, cooking, etc.)
- i. Time limits?

G. Group Living Home

- a. Location TBD – possible rental situation
- b. No house mother
- c. Periodic assessment visits/consultations
- d. No time limit